



2014 School Newsletter 「 “Karakusa” May 」
 For a school where each student shines and is overflowing with the energy to vigorously advance.
 ~ Greetings are a bond of the heart. We polish our hearts through greetings. ~
 Minamisoma City Haramachi Second Junior High School, Ryoe Watanabe

It's now the beautiful season of verdant renewal. A little more than one month has passed since the new school year began, and the students are working diligently in the classes, having settled into their school routine. Also, they are overflowing with passion in their practice for club activities, looking towards the Soso JHS Athletic Assoc. Tournament that begins on Wednesday, June 10. I hope the lessons and experiences from the school field trips are put to life in school and club activities.

『Let's Bring the Field Trips to Life in ○○』

(Meeting in front of the Entrance to Disneyland)

For the third graders' field trip, free group activities were held in Kamakura and Tokyo. In groups of a few people, they set their own goals for their course of sightseeing, and independently and cooperatively had sightseeing and experiences by themselves. The teachers were scattered among the various points the students passed, so as to be able to respond to unforeseen situations, with the leader of each grade group able to ascertain the movements of each group through a GPS equipped cell phone to work at securing safety.



The students beforehand studied sightseeing spots from Tokyo guidebooks and the internet, obtained knowledge about them, and while amidst unease about the geography there were a few areas of concern, each group finished their sightseeing as planned and were able to assemble at the meeting spot without being late. This is very important in terms of allowing the children to taste a sense of accomplishment in having them independently plan and autonomously act in this way. The more difficult it is, I believe the greater sense of joy can be obtained.



(Meeting in Tsurugaoka Hachimangu in Kamakura)

On this field trip, amidst sightseeing in Kamakura, we had the experience of attending Zen meditation at the Enkaku Temple. From the Buddhist priest who led this, we received the praise that “the attitude of putting things into effect is good”. Students with both feet crossed, and students attending the Zen meditation on one foot out took it in very seriously, and I believe there may be even now kids who can clearly remember the croaks of the frogs. Throughout the Zen meditation, positively reporting to the priest, there were over 30 students who received taps on the back and shoulders with the kyosaku. I hope that the power of concentration in the 30 minute Zen meditation is put to life in their studies and club activities. (Zen meditation Experience at Enkaku Temple)



The atmosphere of the children before and after the field trip was slightly different. Despite being tired, they gave the impression of having become considerably stronger as a result of the satisfaction of having carried something out. From now on, the students will grow, overcoming difficulty, although repeatedly encountering setbacks and failures, by building up experience. Through daily classes and club activities, I want to let them build up successful experiences where they can do and think various things, and as a result of working hard, think “alright, I did it.”

『For Fulfilling Home Study』

- Review one's current home life.
 - Reduce time for TV and games.
 - Make space for study time.
- Extend your current study time by 30 minutes.
- Don't just organize your notes, organize them while thinking about them, and solve the problems you think of with a positive attitude.
- Work on studying at home with more concentration than you've given it up to now.



【This Month's Point】

- Aren't you just making decisions based on what you can see with your eyes?
- What you feel with your heart is also important!



平成27年度 学校だより「**からくさ** 5月号」

目標に向かって、笑顔で力強く前進し、活気溢れる学校に

～あいさつは 心の絆 あいさつで 心を磨く～

南相馬市立原町第二中学校長 渡辺亮恵

新緑の美しい季節になりました。新年度もスタートから1ヶ月余りが経過し、生徒たちは真剣に授業に取り組み、落ち着いて学校生活を過ごしています。また、部活動においては6月10日（水）から始まる相双中体連総合大会に向け、熱気あふれる練習をしています。修学旅行や社会科見学の経験や学びを学校生活や部活動においても生かしてほしいと願います。

『修学旅行や社会科見学を〇〇に生かそう』

（デイズニラット入口前での集合）

3年生の修学旅行では、鎌倉や東京都内で班別自由行動を行いました。数名のグループでそれぞれの見学コース等の目標を設定し、自分たちだけで、主体的・協力的に見学や体験をしました。

先生方はそれぞれ生徒の通過地点に散在して不測の事態に対応できるようにしたり、本部の学年主任はGPS付き携帯を通したりして各班の動きを把握して安全確保に努めました。



子供たちは事前に見学場所を、東京のガイド本やインターネットなどで学習して予備知識を得ておき、地理に不安な中、少々心配な部分もありましたが、どの班も予定通り見学を終え、時間に遅れることなく集合場所に集まることができました。このように、主体的に計画し、自主的に行動させることは、子供たちに達成感を味わわせる上で大切なことです。その内容が困難であればあるほど大きな喜びが得られると思います。



（鎌倉の鶴岡八幡宮内での集合）

今回の修学旅行では、鎌倉見学時、円覚寺において座禅の体験を実施しました。ご指導された和尚さんから「実践する態度が良い」とお褒めの言葉を頂戴いたしました。両足を組む生徒や片足で座禅をする生徒など、皆真剣に取り組み、いまだにカエルの声を鮮明に記憶しているお子さんもいるかと思います。座禅中、積極的に和尚さんに申し出て、警策（きょうさく）で、肩・背中をたたいていただいた生徒等は30名を超えました。30分座禅した集中力を学習や部活動で生かしてほしいです。



（円覚寺での座禅体験）

社会科見学にせよ、修学旅行にせよ、出発前の子供たちの雰囲気と帰ってきた時の雰囲気は微妙に違いました。疲れているにもかかわらず、一つのことをやり遂げた満足感でずいぶんたくましくなったような印象を与えてくれました。

今後も体験や経験の積み重ねで子供たちは失敗や挫折を繰り返しながら、困難を乗り越え成長していきます。日々の授業や部活動を通して、いろいろと行ったり考えたりして苦労した結果「分かった、できた」という成功体験を積み重ねさせたいものです。

『家庭学習の充実のために』

○現在の家庭生活を見直すこと。

- ・TVやゲームの時間を減らすこと。
- ・学習時間を位置づけること。



○現在の学習時間を30分延長すること。

○ノートをもとめるだけでなく、考えながらまとめ、積極的に考える問題を解くこと。

○今まで以上に集中して家庭学習に取り組むこと。

【今月のポイント】

・物事を
目に見ることだけで
判断してはいませんか

・心で
感じ取ることも大切！